

# Work with people with mental health issues

CHCMHS001

**This short course is tailored for professionals in diverse fields who support people experiencing mental health challenges.**

Whether you work in community services, aged care, disability support, youth work, or healthcare, this qualification will strengthen your skills and help you make a real difference in the lives of those you support.

It's also a great pathway to further study in Mental Health, Community Services, Disability Support, or Individual Support.

## YOU WILL LEARN

This unit equips participants with the essential skills and knowledge to provide effective, compassionate care.

- Establish respectful relationships with people with mental health issues
- Determine the needs of people with mental health issues
- Work with people with mental health issues to meet aspirations and needs

## FACE TO FACE CLASSES\*

To find out about locations, course times and availability contact our enrolment team on [enrol@designerlife.com.au](mailto:enrol@designerlife.com.au).

A Statement of Attainment will be issued on successful completion of the course.

## STUDY / COURSE DELIVERY OPTIONS

Choose the delivery method that best suits your needs:

**Face to Face:** Attend a class at our Career Centre.

**Online:** Study at your own pace from anywhere.

**On-Site:** We can deliver the course at your workplace.

*Keep your team skilled and confident—where and when it works for you.*



**CONTACT US FOR PERSONALISED DELIVERY OPTIONS!**



## ENTRY REQUIREMENTS

- No entry requirements
- This course is ideal for anyone who supports, works, or wants to work with people experiencing mental health challenges.



## TRAINING DELIVERY

- Face to Face Classes, Self paced, or on-site at your workplace.



## COURSE DURATION

- One Day - Face to Face
- Up to four weeks, self-paced study<sup>^</sup>



## CAREER OPPORTUNITIES

This unit can make you a more confident and capable support worker, and is highly valued by community services employers.



## YOUR SUPPORT

Your Designer Life trainer/assessor will be available to provide assistance and direction as needed—whether you're in our Career Centre, on-site, or online.



**\$150**

<sup>^</sup> As course completion is based on the determination of competency, the total time taken to complete the course will vary based on the student's cohort and their existing skills and knowledge.

\*NOTE: Not all courses are available at all Designer Life locations, please speak with our enrolment team or check out our website for more information prior to enrolment.

